



Abishai Rumano, MD, FAAFS, Medical Director
Elham Zarnegar, PA-C, MPAS, Clinical Director
Board Certified Providers

We are pleased to welcome you to our practice. You can feel confident that our providers and staff are committed to meeting your specific needs. Please take a few moments to fill out this form as accurately as possible. All fields are mandatory. If you have any questions, we will be happy to help you.

Today's Date: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Name: \_\_\_\_\_
First Middle Last

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_
Street Number/Name City State Zip Code

Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Would you like to receive text reminders? Please circle one: Yes No

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Name of primary care physician: \_\_\_\_\_ Phone number: (\_\_\_\_) \_\_\_\_\_

Emergency Contact

Name: \_\_\_\_\_ Phone number: (\_\_\_\_) \_\_\_\_\_ Relationship: \_\_\_\_\_

How did you hear about us?

- Provider Referral - name: \_\_\_\_\_
Friend/Relative - name: \_\_\_\_\_
Google
Yelp
Other (please specify): \_\_\_\_\_

What would you like to discuss with our provider today?

- Botox/Dysport
Dermal Fillers
Coolsculpting
Chemical Peels
Laser Hair Removal
Hair Loss
Kybella
Photofacial
Fractional Resurfacing
Liquid Face Lift/Skin Tightening
Mole/Skin Tag Removal
Sun Spots/Brown Spots/Rosacea
Tattoo Removal
Radiofrequency Microneedling
Spider Vein Treatment
Other: \_\_\_\_\_

Do you have any medical problems? Please list any past history of serious illness, current, or chronic conditions:

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Please list any previous surgeries, and their dates, including any cosmetic surgeries:

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Do you have any drug allergies/sensitivities? If so, please describe symptoms: \_\_\_\_\_

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Are you allergic to latex, lidocaine, sulfa medications, hydroquinone, aloe, or bee stings? (Please circle)

Do you have any bleeding tendencies? \_\_\_\_\_

Do you smoke? \_\_\_\_\_ Pack(s)/day? \_\_\_\_\_ Number of years? \_\_\_\_\_

Do you drink alcohol? Yes No How much? \_\_\_\_\_

Please list all medications you are currently taking:

Name	Dosage	Frequency
1. _____		
2. _____		
3. _____		

Are you or is it possible that you are pregnant? Yes No Are you breastfeeding? Yes No

Do you use sunscreen daily with SPF 30 or higher? Yes No

List your common physical/outdoor activities: \_\_\_\_\_

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**Do you presently have or have you ever experienced any of the following? (please check all that apply):**

- |  |   |
|--|---|
| <input type="checkbox"/> Accutane                    | <input type="checkbox"/> Hyperpigmentation                    |
| <input type="checkbox"/> Active Skin Infection       | <input type="checkbox"/> Hypopigmentation                     |
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Increase in Hair                     |
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Low Blood Pressure                   |
| <input type="checkbox"/> Cold Sores                  | <input type="checkbox"/> Lupus                                |
| <input type="checkbox"/> Decrease in Hair            | <input type="checkbox"/> Migraine Headaches                   |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Moles                                |
| <input type="checkbox"/> Easy Bruising or Bleeding   | <input type="checkbox"/> Nerve or Muscle Disease(s)           |
| <input type="checkbox"/> Eczema                      | <input type="checkbox"/> Permanent Makeup or Tattoos          |
| <input type="checkbox"/> Epilepsy or Seizure History | <input type="checkbox"/> Seasonal Allergies/Allergic Rhinitis |
| <input type="checkbox"/> Heart Disease               | <input type="checkbox"/> Shingles                             |
| <input type="checkbox"/> Hepatitis                   | <input type="checkbox"/> Skin Cancer                          |
| <input type="checkbox"/> Herpes (genital)            | <input type="checkbox"/> Thyroid Imbalance                    |
| <input type="checkbox"/> High Blood Pressure         |   |

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**I certify that the information I have given is complete and accurate.**

**I understand that it is my responsibility to advise this office of any changes in the information provided above.**

**I understand that Essential Aesthetics has the right to refuse service to anyone for any reason (including medical)**

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Signature  
Patient/Parent/Guardian

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Print Name

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*I have thoroughly discussed the above information with the patient and responded to all questions, at which point the patient provided informed consent to undergo the procedure(s) discussed.*

Reviewed by: \_\_\_\_\_  
Elham Zarnegar, PA-C

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Medical Director: \_\_\_\_\_  
Abishai Rumano, MD

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_